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E-mail: merilyn@merilynnphillips.co.uk

BESPOKE LIFESTYLE INNOVATIVE INTERIORS
Welcome

All new High Legh residents and regular readers of this Newsletter. The cover of this edition is a “Signpost” warning of an important consultation activity during May, which is described in more detail on page 21. Look out for your chance to have your say!

There is some excellent High Legh news about Sport. Many congratulations to Niki on being selected for Team GB in the Paralympics. Congratulations also go to Lydia, the School Netball Team and the High Legh 10K Race finishers. Best wishes also go to the new High Legh Tennis Club and High Legh Bowling Club Officers. We hope you will help your clubs progress to even more successes.

The flyer inside this Newsletter is an invitation to join our Bowling Club. The Green is handily placed by the car park near the Village Hall. You could develop your Bowling skills at a coaching session lead by County coaches on **Saturday 7th May**. The High Legh Tennis Club ad has special offers on membership fees to encourage new members and young people to use these facilities on our doorstep. Hannah is a great tennis coach, so who knows what talents you might discover.

Event organisers are trying out some new types of events, in addition to the usual favourites. So do look out for **Cheese and Wine** tasting on **Fri 22nd April**; **Hoe down** on **Sat 14th May**; charity **Yoga** event on **Fri May 13th** (all at the Village Hall); Live **transit of the Sun by Mercury** on **May 9th** at the Observatory; a programme of **Musical Recitals** on certain summer **Sunday afternoons** at St Mary’s Chapel off Pheasant Walk; the WI has **“Fun with Clay”** on **June 14th** and Little Acorns celebrate the **Queen’s 90th Birthday** on **June 15th** back in the Village Hall.

You can always be an event organiser yourself – perhaps hire the Village Hall and work with your friends to create some summer fun! Our Community Association is a charity which works with others to create events for residents of all ages. We operate and improve the Village Hall, to provide a facility for organisations and families to use as your meeting place, dance, party, training or sales event venue.

[www.highlegh.org.uk](http://www.highlegh.org.uk) has information on High Legh organisations and news about local activities. If you have information about a local social event or news that may be of interest to High Legh people, and you would like it to go onto that website, or this Newsletter please ring me or email **jennifer.pearce@talktalk.net**. You can also “like” High Legh Community Association on Facebook and receive “What’s On” emails by sending your email address to **highleghvillage@gmail.com**.

| The deadline for the Summer Newsletter is: Sunday 3rd July, 2016 |

The opinions expressed are those of contributors, and not necessarily those of HLCA. Thank you to all contributors, advertisers and distributors.

**Jenny Pearce, Editor**
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BRAKES
Whose Wine Is It Anyway?!

CHEESE & WINE TASTING EVENING
In association with Majestic Wines & The Cheshire Cheese Company

Friday 22nd April
7.30 for 8pm
High Legh Village Hall

Tickets £10 including tastings and quiz
Available from;
Louise Allan - 07733275348
Nicola Keeley – 07984077068
Su Carter – 01925 758594

All proceeds to High Legh Community Association,
Charity No: 511391
High Legh Community Association - Social Committee

**Sunday Teas** have made a great start, with record numbers of people enjoying High Legh hospitality in the comfort of our Village Hall. The 1pm start is popular with families who tuck in to freshly made sandwiches, quiche and home made puddings and cakes. You can ask for take-away plates and dishes if you fancy a picnic, or wish to bring some goodies home to enjoy later.

Thank you to everyone who comes to enjoy our Sundays Teas. Do come again, bring your friends and spread the word. The funds go to support many charities and local voluntary groups. It is a very friendly activity, all ages are very welcome. High Legh Sunday Teas will run every Sunday afternoon through to mid October, after which we plan to run the Photographic Competition and Exhibition.

**The Cheese and Wine** tasting evening on **Fri 22nd April** should be a great evening to chat and enjoy a fine selection of wines and cheeses.

**High Legh Village Show - Saturday September 10th 2016**
This is a non specialist show therefore everyone connected with High Legh can enter fruit, flowers, vegetables, home baking, paintings, home made cards and other crafts.

Start planning your entries now. Plant some seeds, get out your knitting needles, practise some baking, make some jam. You could be Star of the Show!

**Trish Adams**  
Social Committee Chair  
Telephone 755983

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<table>
<thead>
<tr>
<th>200 Club Winners –2nd draw, 27/03/2016</th>
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<tr>
<td>£75 – 164 W. Brow,</td>
<td>£25 – 92 J. Harrison</td>
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<tr>
<td>£50 – 132 M. Jones. (Renshards)</td>
<td>£25 – 29 D. Wright,</td>
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<td>£25 – 14 J. Edwards,</td>
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Tony Dowdeswell

Sadly, Tony Dowdeswell of Woodlands Crescent passed away on 8th February after a short illness. He was a much valued member of High Legh Community Association Committee for many years. We all remember his help at many events including the village show, socials and the delicious chocolate cakes he made for Sunday teas, where he also did his bit to help with table clearing etc.

He was a kind and uncomplaining, true gentleman, right up to the end when he was obviously suffering. Tony will be missed by all who came in contact with him.

Tony will now be reunited with his wife Pat for whom he cared for over several years. A donation from the Community Association was given to St. Rocco’s Hospice in his memory.

Village Hall Management Committee

The first quarter of 2016 has been a period of consolidation. The WI have continued to tend to the new rockery and it is starting to take shape, and will look splendid as the Sunday Teas season picks up pace.

We are continuing to make progress, albeit slowly, on the new kitchen and still hope to have it all completed in time for Easter 2017. We have received the structural surveyors report on the remedial work on the Meeting Room and will shortly be seeking quotations from local builders. Our aim is to make the structure safe and then we will decide the long term plan for this building.

By the end of April, we will have in place a new set of Booking Agreements for regular and one-off users of the Village Hall, together with a new set of terms and conditions relating to booking the Hall. Not only will this enable us to formalise our relationship with users but will help satisfy the demands of our insurance policy. These documents will detail what we can (and cannot) provide in terms of use of the Village Hall and, hopefully, will answer the many queries we get from both regular and ad hoc users.

And finally…..

Have you thought of hiring the Village Hall for a wedding, a wake, a baby shower, a gathering of friends, a management meeting or a training event? Contact Helen Wright on 07703 194052 or drop an email to highleighvhall@live.co.uk and arrange to have a look round and see how the Village Hall can meet your needs. You may be pleasantly surprised. Special rates are available for High Legh residents and charities.

Mike Walker
Chair of Village Hall Management Committee
Email mikebradfordwalker@gmail.com
New for 2016 – GRANTS

Alison and Nick receive a £250 cheque from Su Carter, HLCA Treasurer, on behalf of the High Legh Youth Project

The Sports, Education and Recreation Fund (SER) has been created to assist the Community Association facilitate the first of its two charitable objectives:-

“...to promote the benefit of the inhabitants of High Legh, without distinction of sex, political religious or other opinions, by associating the local authorities, voluntary organisations and inhabitants in a common effort to advance education and to provide facilities in the interests of social welfare for recreation and leisure-time occupation with the object of improving the conditions of life for the said inhabitants.”

How much can be awarded?
Grants will normally be made up to a maximum of £250

Who can benefit?
High Legh Residents - examples include: - groups wishing to purchase equipment, pay training costs for group leaders or fund specialist equipment. Priority will be given to applications that maximise the benefits to as large a number of High Legh residents as possible. This February we were very pleased to award £250 to High Legh Bowling Club to help them renovate their clubhouse, and £250 to High Legh Youth Project to buy an PS4 games machine.

Application Process
Written applications (to Treasurer, Su Carter, hlcaserf@gmail.com or 11 Egerton WA16 6PT) can be made by 30th April or 31st August. The level of grant awarded by the Community Association Council will be notified within 45 days of these dates. Applications must fall within the first objective of the HLCA Constitution and applicants should provide evidence that any proposed expenditure offers good value for money and delivers identified benefits. There is no appeal process. The CA Council decision is final.

Where does the money come from?
The fund is financed by a % allocation of the net profit after rent from social events organised by the Community Association Social Committee. The % allocation is determined at each year-end dependent on unallocated reserves on hand and will be recorded in the minutes of the AGM. The fund can be withdrawn at any time if the CAC needs to reallocate the funds to its second objective (the Village Hall) in accordance with its Deed of Trust and lease requirements.

The small print – Groups can normally only submit one application in any period of 12 months. Any CAC members who have a conflict of interest, for example as members of an applicant organisation, cannot vote in the recommendation or the decision.
Fun and games were had by all during our fund raising session for Sport Relief on 23 March. As in the past, our thanks go to Little Superstars Sports Club who once again came along to put our little (and ‘big’) ones through their paces with some exercises and an introduction to sporting skills, including hoops, balls and cricket. As well as the exercise, we also made sure we had some extra healthy treats on offer during snack time, making it a very special morning for everyone involved. In addition, we took part in the official Sport Relief Sweepstake, with two of our mums sharing a prize fund of £23, plus we had special badges for our youngsters and held a raffle ... all in all raising £74 for Sport Relief. It wouldn’t have been the same without Little Superstars, so if anyone is looking for a children’s party with a difference, we can thoroughly recommend them as they can tailor a sporty event to suit children of all ages. (For more information contact Louise on 07904-311552 or email info@littlesuperstars.co.uk or their website www.littlesuperstars.co.uk.

Several of our young friends carefully listening to instruction from Louise of Little Superstars before putting their ball skills into practice during our Sport Relief fund raising session in March

One of our youngsters demonstrating that a minor detail of having your right arm in plaster doesn’t need to stop you showing what you can do with your left arm - well done M x

Sessions resume 20 April after our Easter Break and we are planning a special Birthday Party ‘Lunch’ during our session on 15 June to Celebrate the Queen’s 90th Birthday... should be great fun and I’m sure we will manage a bit of fancy dress for good measure.

NB - Half Term - no sessions 01st and 08th June; last session for Summer - 27th July
Little Acorns meets at the Village Hall each Wednesday during term-time, providing a great opportunity for anyone with children 0-3+ years old to get together and meet new friends over a cup of tea or coffee. With lots of toys and activities to keep the youngsters amused as they learn important social skills in a warm and friendly environment, the whole family can relax and enjoy themselves. Open to anyone with a little one to amuse for a couple of hours on a Wednesday morning - everyone is welcome - ring for more information or just turn up and join in the fun.

Admission costs £2.00 for adult and first child, plus 50p for each additional child (or adult). It includes refreshments for both adults and children.

Jane Jesudason Tel 01925-754186
Yvonne Edwardson Tel 01565-830528

Little Acorns is a ‘not for profit’ group organised and run entirely by volunteers for parents and carers of children 0-3+ years old. NB - concessions are available for families who would like to attend, but who might struggle with the session fees (please speak to Jane, in confidence, for more information).

High Legh Preschool

What a wet and windy time we have had of late, but that hasn’t stopped us having fun! Fortunately it has seemed to be dry most Tuesday mornings when Scott from Superstars comes to visit us and we can practice our sporty skills outside. Thursday’s with Joanne’s dancing session continues to be a popular day to attend and after Easter we will only have a few sessions available for this slot. With Baking, Music and visiting the school ‘forest’ we are busy bees most days.

We recently had our 11th annual fundraising event and once again we manage to raise enough money to support the extra activities we provide at Pre-school. Many thanks to the generous local businesses that supported us and sponsored the event:- Merilyn Phillips, Hollymere Holsteins, Battlefield Live, Zaman Roberts, All Fired Up, Orchard Service Station, David Woodyatt Accountancy, Bolster systems and Helen Crawshaw Search.

On 23rd April we will be doing a Spring Trail around the village, starting and ending at St Johns. This will run from 2-4pm, refreshments and family fun will be available throughout. This event is open to all families so come and join us and have some fun, tea and cake.

It is never too early to put your child’s name on our waiting list, children generally start at around 2 ½ years old and funding is available for some qualifying 2 year olds. All children currently receive 15 hours free early years entitlements the term after they are 3 years old. Please email nursery@highlegh.cheshire.sch.uk, ring 01925 751584 or look on our website www.hlpsn.co.uk for more information.

Yvonne Edwardson
High Legh Primary School

Our village school continues to achieve exceptional results both academically and in other areas. We have had a lovely spring term planting snowdrops with the local community in the woods across from school. It has been wonderful to see all the daffodil bulbs we planted last year spring up from the ground.

Our netball team achieved outstanding results; firstly winning the local schools cluster competition, then winning local area and finally they played on behalf of two counties – Cheshire and Warrington. Unfortunately they came second; however we are so proud of their achievements – we made history in being the first school ever to achieve playing at county level from Warrington.

We have had class assemblies this term which have been a treat to watch and see how confident our children are to get up and speak/perform in front of a large audience. Class 3 had the topic of the local area and they wrote with their class teacher and performed The High Legh Rap. (see page 12)

We are really looking forward to our summer term; we have a trip booked for every class and with a kind donation from AstraZeneca we are having a whole school trip to the science Museum in Manchester. Our brass band is going from strength to strength and we have just heard that we have been selected to play at the Cheshire Show on the band stand. We are playing on Tuesday 21st June at 9.50am, please come along to listen.

We are fortunate to have 145 children at our school at the moment- the most we have had (certainly in the last 20 years) our class sizes on average are still low -about 22 pupils. With more pupils we need more supervision at lunch times, so we are currently looking for a mid-day assistant. This would be someone who would help supervise children during lunch times in the hall; as well as supporting play time outside. The hours would be 11.45am -1pm every day. If you are interested please give our school a ring or e-mail admin@highleigh.cheshire.sch.uk.

If you would like to know more about our school please go to our website www.highleigh.cheshire.sch.uk/home.

Louise Tottle
Headteacher

Parent Teacher Association

What an amazing start to the year! The newly refurbished school hall looks wonderful and we think it has achieved the bright and inviting place we hoped it would be. If you haven’t had chance to see it yet please do call in.
In March 2016 the PTA were fortunate enough to be included in the arrangements for the fantastic community event of the Robert Moffatt Memorial 10K Race. Having been given this opportunity, we were able to raise a staggering amount for the benefit for our local primary school children. Thank you to all who attended and supported this event.

Our next fundraising event will be held on **Saturday 14th May 2016** when we will be holding a ‘Hoe Down’ at the Village Hall presenting The Devils Fire Band. Tickets are priced at £12.50 per person. Bar and snacks will be available. This is an evening of entertainment you do not want to miss! Call Dana on 07952 264879 or Jane on 07815 474235 to order your tickets now! We look forward to seeing you all there supporting our lovely school and our community - let’s all have a fantastic night together!

**Dana and Jane - Co-chairpersons**

**High Legh Rap**

Just a little village – a clearing near a plain
When you’ve found it you’ll want to come again
Children playing games in Candelan Way,
Pheasant Walk and Egerton- fun all day.
This is the place, it’s fun to be
Where is this? It’s got to be High Legh.

First came the Gleaves – not sure of the date
Then Gilbert de Venables in 1068
Thomas de Legh – lived in West Hall
Then came the Egertons and took it all.
This is the place, it’s fun to be
Where is this? It’s got to be High Legh.

We’ve got a village hall; it used to be the school
The Church of St-John – it’s really cool
A sandstone Chapel – it’s really old
Built in 1581, so we are told.
This is the place, it’s fun to be
Where is this? It’s got to be High Legh.

Both halls were demolished, what a sin!
At least they’ve kept open the Bear’s Paw Inn.
Now we’ve got a golf course – nice and green
And more and more houses to change the scene.
This is the place, it’s fun to be
Where is this? It’s got to be High Legh.

We are still a little village with flowers and trees
Although the ‘blasted oak’ was brought to its knees
It’s now being erected to its former glory
Just another chapter in the High Legh story.
This is the place, it’s fun to be
Where is this? It’s certainly High Legh.

**Did You Know We Have A Thriving Brownies Unit In High Legh?**

We meet from 6.00pm – 7.30pm every Tuesday in term time, at High Legh Primary School. We have a range of activities, including making crafts, visits to local sites such as the High Legh Community Observatory, informative visits from organisations such as Guide Dogs, and of course we work towards earning badges. Brownies is for girls aged 7-10. If your daughter is not yet 7 years old you can still add her name to our waiting list. Brownies is a great introduction to the world of Girlguiding [www.girlguiding.org.uk](http://www.girlguiding.org.uk). Please contact firsthighleghbrownies@outlook.com if you would like more information.
Anyone for tennis?

Tennis for all at High Legh Tennis Club in 2016 at our picturesque location with 3 quality hard courts all floodlit.

All ages, all abilities, come and get involved in tennis, the new season is just beginning.

There is lots of coaching, practice, nights and competitive team play for men, women and juniors.

We have added new membership categories and reduced overall rates to make tennis as accessible as possible to everyone.

For example:

- **New joining full adult membership** £100
- **Full adult membership** £150
- **Under 7's membership** £35
- **Parent membership (Both parents)** £50
  (Restrictions apply)

For a full list of our membership categories and prices please visit our club website on [www.highleghtennisclub.co.uk](http://www.highleghtennisclub.co.uk)

We have also built some strong links with both High Legh Park Golf Club and Cottons Health Spa over recent months for mutual membership benefits. Once confirmed these will be published on the website.

*We look forward to seeing you at the tennis club soon!*

For more information please call:
Matt Bannon, Club Chairman on 07875028391
Hanna Wilson, Club Coach on 07813189596

High Legh Tennis Club, Opposite the Bear's Paw, on the A50, past High Legh Garden Centre
High Legh Youth Project (HLYP) (now on Wednesdays!!)

The High Legh Youth Project was delighted to receive a Sports and Recreation Grant for £250 from the Community Association (a very big thanks from us!!) - this was used to buy a PS4 - a very popular addition to the facilities available.

Now that the light nights are with us we will be able to have some activities out of doors including Table Tennis and the (in)famous Gyro chair as well as various games. The Spring/Summer season dates are:

- Wednesday 20th April (3rd Wednesday) 7-8.30pm
- Wednesday 18th May (3rd Wednesday) 7-8.30pm
- Wednesday 22nd June (4th Wednesday) 7-8.30pm
- Wednesday 13th July (2nd Wednesday) 7-8.30pm

Led by experienced youth worker, Alison Whitehead, and aided by local volunteers, attendance is FREE for school years 6-11. There are friends to be made and many activities to try out in an informal and relaxed environment. We meet at St John’s Church Hall on the Avenue and a wide variety of activities are to be arranged as well as the usual favourites of:

- Nintendo Wii • PS4 • Pool • Air Hockey
- Table Tennis • Tuck shop

Or you can just hang out with friends and enjoy the refreshments. For more information please contact Alison Whitehead on 078714 807684 or Nick Gerrard on gerrard@spurston2.freeserve.co.uk or 752795.

World Down’s Syndrome Awareness Day

Many thanks to all who came and enjoyed some cake at the Village hall on Saturday 20th March. Special thanks to those who baked and gave up their time to help on the day, it certainly supported this year’s theme of ‘My Friends, My Community’. We managed to raise over £350 which was fantastic. March 21st represents the 3 copies of the 21st chromosome that is unique to people with Down’s syndrome and it is a day to celebrate all over the world.

High Legh school all wore odd socks on the 21st and raised a further £170. Collectively families all over Cheshire raised £11,000 on awareness day which will help Cheshire Down’s Syndrome Support Group continue to support families, carers and educators all over Cheshire.

Thank you Love Libby x
In late December we were delighted to welcome Dr Jeremy Shears, President of the British Astronomical Association (BAA) for a visit to the observatory. He was impressed with our setup and the links we have forged in the local community. In January Mark Holmes attended a meeting of the BAA in London to receive his Sir Patrick Moore prize award.

Our plan to open the observatory to coincide with Stargazing Live had to be abandoned due to rain and cloudy conditions on both evenings. In fact, the weather was adverse during much of January and February. Despite this we were able to track and photograph Comet Catalina on its passage near the Plough and, more recently, we’ve had some excellent views of Jupiter, the Orion nebula and the Pleiades. There’s nothing more satisfying than hearing the “Wow” when first timers get their close up view of Jupiter and its moons through the eyepiece.

We have built a wheeled enclosure for our 6” Meade refractor which means that the telescope is permanently installed on its pier. Its main use will be for solar and planetary work. We now have a CCD camera and video monitor so that all can see on-screen what the telescope is looking at. In January Mark gave a most informative talk about the Winter night sky and what to look out for. In February Dr Megan Argo of Jodrell Bank fascinated us with her talk about the Modern Universe and what happens when galaxies collide. Her talk was on the day when gravity waves were first detected, and she brought along a “sound recording” of the event! In March, Bernard Humphreys took us on an excellent virtual tour of the Lick telescope in California which he visited last year. It is home to some of the largest telescopes and state of the art astronomical cameras.

Looking ahead, we have Geoff Flood of ADAS talking about the Life and Work of Astronauts in April, and Dr Anthony Holloway of Jodrell Bank on Astro-photography in June. Make a date for 7th July when Dr Jeremy Shears, BAA President, will be giving us a talk, an opportunity not to be missed.

On 9th May Mercury will transit across the Sun and we plan to follow its path, clear skies permitting. As a back-up we plan to show live video via the Internet.

There will be more details of this and all our other activities on our website www.highlegh-communityobservatory.com. You can join our mailing list via the website. The observatory is open every Friday evening, clear skies permitting, after dusk as the evenings lengthen, and at other times by arrangement. Do come to the talks, or join us to observe. Either or both there is something for everyone of any age in this community facility.

John Anderson
Easter is always a welcome season as the earth turns its back on winter and looks forward to summer. A milder than usual December gave us an early foretaste of the blossoms that we usually associate with spring, and I feared that by the time Easter arrived many, such as daffodils, would be over. Happily, my fears were unfounded and our churchyards are a picture of great beauty. The insides of our churches have also been decorated with great care, a tribute to the patient skills of those who give their time each year to enhance our worship with beautiful floral arrangements.

At Easter we celebrate the new life in the fields and hedgerows around us, but more importantly the new life that we receive as a gift from God through the death and resurrection of his Son Jesus Christ. Throughout Lent and Holy Week members of the four congregations in our United Benefice have been meeting together as a church family. We have studied the Bible in three very varied Lent Courses, and shared a fellowship meal and communion on Maundy Thursday. On Good Friday we gathered in three of our churches to meditate on the events of that day. On Easter Sunday we proclaimed once again that 'Christ is risen! He is risen indeed! Hallelujah! As part of those services Paschal Candles have been lit, their flames symbolising the light of Christ coming into the world.

Christmas and Easter are the two major Christian festivals, and it is usually the former that gets the most attention. In many ways that is understandable. The giving of gifts and the delightful retelling of the events around the birth of Jesus, the angels, the manger, the shepherds and wise men is preferable to a story of betrayal, scheming, injustice, cruelty and suffering. Despite those stark contrasts it is Easter that is the defining point of the Christian year. It has often been said that Christians are ‘Easter People’. The birth of Jesus was important but it is through the events of Easter that we see the fulfilment of God’s plan of redemption. Through the death of Jesus, we can receive forgiveness for our sins, and through his resurrection we receive the promise that one day in the future we shall share in that resurrection and spend eternity in his kingdom. Before that day comes God calls us to be Easter People and, on our journeys, build the teachings of his Son into our daily lives.

Revd Philip Robinson
Contact details for Philip and Trish are in the St John’s Parish Magazine, together with details of activities taking place in the church and community. Our regular events continue throughout the calendar month.

**Mothers Union**.......................... 1st Tue of each month at **2.30pm**  
**Coffee, Create and Chat** .............. 2nd Tuesday of each month at **2pm**  
**Wednesday Morning Open Prayer** ...... Every Wednesday at **9am**  
**Parish Lunch** .............................. 3rd Wed of the month at **12:30pm**  
**Film and Fellowship** .................... 2nd Fri of the month at **6:30pm** (15th April)

**Sunday 24th April** at 11.30am the **PCC AGM** will be held. On **Friday 17th June** at 7pm there will be a **Strawberry Sparkle** in the Church Garden.

Messy Church continues on the 4th Wednesday of each month at 3.45pm, when everyone can come and enjoy stories, craft, snacks and a meal. Lots of fun and laughter for all, so please come and join us. Contact **Chris Stanisstreet** on 01925 755559 or stanbess2003@yahoo.co.uk.

More details of services and events, and information regarding Baptisms, Weddings and Funerals can be obtained from St John’s website, the Parish Office 01925 759037 or the Church Wardens **Elaine Jones (753111)** and **Stuart Jackson (752635)**.

**Snowdrops in the Woodland Walk.**

The Woodland Walk has matured since its creation in 2014 and this year there was a lovely display of daffodils and crocuses originally planted by students from High Legh primary school. Next year it will be filled with swathes of snow drops thanks to High Legh resident Michael Hullton who has transplanted over 2000 bulbs into the Woodland Walk.

The primary school pupils of C4 armed with trowels and suitable dressed enthusiastically helped Michael with the final planting. Thank you to everybody who has made this planting possible. Take a stroll along the path, rest on the bench and enjoy the lovely surroundings.
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HIGH LEGH DIARY

APRIL
Tue 12th Coffee, create and chat 2.30pm St Johns
Thu 14th HLDC Life and work of Astronauts St John’s Parish room 7.30pm
Fri 15th Film and fellowship St Johns 6.30pm
Mon 18th Parish Council Village Hall 7.30pm
Wed 20th Little Acorns resumes after Easter break 10am Village Hall
Parish Lunch St John’s 12.30pm
High Legh Youth Project – St John’s 7-8.30pm
Fri 22nd CA Cheese and Wine Tasting 7.30pm for 8pm Village Hall
Sat 23rd All Families welcome – Preschool Spring Trail (2pm -4pm) from St John’s
Sun 24th
Classical Flupe Concert St Mary’s Chapel Phasani Walk 2.30pm
Wed 27th Messy Church 2 Tiny Toms St John’s 3.45pm
Sat 30th Deadline - Applications for 2nd round of CA Grants

MAY
Sun 1st Farmers Market – Abbey Leys farm 10.00 am to 1pm
Mon 2nd Mothers Union St Johns 2.30pm
Thu 5th Elections – Cheshire East – Village Hall
Sat 7th Prayer Breakfast VH 7.45 am
Bowling Club – Coaching Day on the High Legh Bowling Green
Sun 8th Meet with Neighbourhood Plan Steering group Village Hall [1:30-4:30]
Mon 9th HLDC – Mercury transits the Sun – live video projection
Tue 10th Coffee, create and chat 2.30pm St Johns
Wi – Resolution evening 7.30pm Village Hall
Fri 13th Film and Fellowship St John’s Parish Room 6.30pm
Yin Yoga & Yoga Nidra Class, 7.00 Village Hall – Charity Event
Sat 14th Everybody Welcome Hoe Down (PTA) Village Hall 7.30pm
Sun 15th Meet with Neighbourhood Plan Steering group Village Hall [1:30-4:30]
Wed 18th Parish Lunch 12.30pm Church Room
HL Youth Project 7-8.30pm Church Room
Sun 22nd DEADLINE for return of the Neighbourhood Plan Feedback
Mon 23rd Parish Council AGM Village Hall 7.30pm
Wed 25th Messy Church St John’s 3.45pm

JUNE
Wed 1st NO Little Acorns – half term
Sat 4th Prayer Breakfast VH 7.45 am
Sun 5th Farmers Market – Abbey Leys farm 10.00 am to 1pm
Thu 7th Mother’s Union 2.30pm Church Room
Thu 9th HLDC Dr Anthony Holland Holdrell Bank Astrophotography 7.30 Church Room
Fri 10th Film and Fellowship St John’s Parish Room 6.30pm
Mon 14th Coffee, create and chat 2.30pm St Johns
Wi – Fun with Clay Village Hall 7.30pm
Wed 15th Little Acorns restart after 1/2 term 10.00 am Village Hall –
Queen’s Birthday Celebration
Parish Lunch 12.30pm Church Room
Fri 17th Strawberry Sparkle St John’s Church Garden 7pm
Sun 19th Flute and Cello Concert St Mary’s Chapel Phasani Walk 2.30pm
Wed 22nd High Legh WI in WI Tent, High Legh
Farmers exhibiting produce and livestock
HL Youth Project 7.30pm Church Room
Messy Church St John’s 3.45pm
Thu 23rd Referendum on Europe – Village Hall

JULY
Sat 2nd Prayer Breakfast VH 7.45 am
Sun 3rd Farmers Market – Abbey Leys farm 10.00 am to 1pm
Thu 5th DEADLINE Summer Newsletter
Fri 6th Film and Fellowship St John’s Parish Room 6.30pm
Mon 11th Parish Council Village Hall 7.30pm
Tue 12th Coffee, create and chat 2.30pm St Johns
Wi – Woddy birdsie – Live! 7.30pm Village Hall
Wed 13th HL Youth Project 7.45pm Church Room
Sun 17th Welly Walk along the new AS6
Flute and strings recital St Mary’s Chapel Phasani Walk 2.30pm
Parish Lunch 12.30pm Church Room
Wed 27th Last Little Acorns until the Autumn 10.00 am Village Hall
Messy Church St John’s 3.45pm

SEPTEMBER
Sat 10th Village Show – exhibition from 2.30pm

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High Legh Parish Council

Neighbourhood Plan – see article on next page (Page 21).

Clean for the Queen - This is a campaign to give the country a tidy-up for the Queen’s 90th birthday and we are asking High Legh residents to help by litter picking their roads in the next few weeks or pick up litter as you walk around the lanes. Thank you.

Woodland Walk - A huge thank you to Michael Hulton for providing about 2,000 snowdrops and to Class 4 from High Legh School for helping him to plant them recently. They should look beautiful next year. Five acer trees have also been planted.

Blasted Oak update - The tree has been reconstructed using three heavy steel bands, with each section fixed with bolts. The contractor is currently working on a method of support that can be securely fixed on site.

Dog Owners - Please pick up your dog’s poo. We know that the majority of dog owners do this but there is a small minority who don’t. It is irresponsible not to pick up the poo your dog produces as Toxocariasis, from contact with dog mess, can cause blindness. A particular risk here for children. Please bag it and bin it. There are bins around the village or take it home. Bags have been left beside paths near the play area, across the golf course (e.g. at the Peacock Lane gate), along Pheasant Walk and Wrenshot Lane (especially just along from the junction), as well as along the side of Peacock and Broadoak Lanes. It is illegal to fail to clear up after your dog if it fouls on any land which is open to the air and to which the public has access. The penalty for contravening the act is a £50 fixed penalty fine.

Traffic Mirror at the Village Hall - The Parish Council have installed a new mirror to help with crossing the road from the car park to the Village Hall.

A556 Update from Costain - Over the Winter months, the team working on the Highways England A556 Knutsford to Bowdon Improvement scheme has made significant progress with the structures associated with the new road. All seven bridges that cross the new road are currently in various stages of construction. It is expected that they will all be complete and open to the public this Autumn. Earth works have started again across the whole scheme. There has been a requirement to undertake lime stabilisation work to areas that have been affected by the poor weather that was encountered over winter. This has been extremely successful and is progressing well. Work is ongoing to divert and accommodate utility services on the northbound carriageway of the existing A556 Chester Rd and across Bowdon roundabout. This involves a series of overnight closures of the A556, A56 and M56 junctions. Work is taking place on weekday evenings from 9pm until 5am (6am on Saturdays. It is anticipated that the closures will be in place until the end of April. Full details and diversion routes are available on the website and project Facebook page. www.highways.gov.uk/roads/road-projects/a556-knutsford-to-bowdon-improvement https://www.facebook.com/a556knutsfordtobowdon/
A 6km **Welly Walk** is being organised for the local community to walk along the line of the new dual carriageway on **Sunday 17th July**. Please look out for more details regarding ticket sales on the Facebook and A556 website. Money raised from this event will go to the local Children’s Adventure Farm Trust charity in Millington. We would like to thank the local community for their continued co-operation and patience.

Policing - Our PCSO Lindsey Whitehead can be contacted on 101 or knutsford.npu@cheshire.pnn.police.uk. PCSO Whitehead holds surgeries at High Legh Garden Centre if you would like to talk to her. Dates are put in the notice boards and on the website. Please report anything suspicious to the CAT team on 101, or dial 999 in an emergency.

Subscribe to our email updates by emailing the clerk.

Next Meeting: Mon **18 April**, Mon **23 May** which is the AGM and then on **11 July** - check the web calendar for updates.

Meetings start at 7.30 p.m. in the Upstairs Meeting Room. All welcome.

**Cllr Richard Wright (Chairman) Tel: 01925 753256**  
**Mrs Doreen Walker (Clerk) Tel: 01925 754818**  
**clerk@highleighparishcouncil.gov.uk**  
**www.highleighparishcouncil.gov.uk**

**Your Chance To Help Shape The Future Of High Legh (And Win A Prize!) (by completing the High Legh Neighbourhood Plan Survey)**

We are preparing a Neighbourhood Plan for High Legh, and all residents have the opportunity to influence the future development of the Parish so that we have more control over our own future, but to do this we need your views.

In early May you will have an envelope delivered. Please take time to fill out the questionnaire inside and return it as soon as possible **NO LATER THAN SUNDAY 22nd MAY** to Doreen Walker, 18 Gleyve, High Legh WA16 6PY. Boxes will also be available at the Village Hall, High Legh School and St John’s Church. If additional members of your household would like to complete the questionnaire they can download a copy from **www.myhighleigh.org** or ring **01925 754818**.

**Please fill in the survey online, if possible. This will help us analyse the results. Details will be provided on High Legh websites, by email and on the printed document.**

It is so important that we have your views, as eventually everyone on the Electoral Roll in the Parish will be able to vote on the final plan. Volunteers have spent over 600 hours so far on developing this questionnaire following last year’s initial survey. The results will determine the principles and overall direction of our plan so it is **very important** that you, your family and your neighbours take this opportunity to make your views known.
Once approved, our plan will have legal force in setting out what development is acceptable in our parish and for what reasons. Developers and Cheshire East Council planners will have to take notice of it.

Anyone who completes the questionnaire by 22nd May will be entered into a Prize Draw. The first three drawn out will receive a £20 voucher for M&S, High Legh Garden Centre or ToysRUs. If you have any queries or would like to talk to a member of the Steering Committee please ring 754818 or come along to the Village Hall Upstairs Room on Sunday, 8 May or 15 May from 1.30 – 4.30 pm.

Thank you for helping us to create a Neighbourhood Plan for High Legh.

High Legh Neighbourhood Plan Steering Committee
Cllrs Bruce Adams, Matt Cooper, Will Hind, Richard Wright and Nick Gerrard, Jason Allan, Richard Cornwall-Legh and Doreen Walker

High Legh Sunday Afternoon Concert Series
St Mary’s Chapel, 2.30 - 3.15 pm

I am looking forward to presenting some Sunday afternoon recitals this season in St. Mary’s Chapel, High Legh. These concerts will be accessible to all and will consist of either ‘flute alone’ or ‘flute and friends’. If you have attended any of the Advent Musical Meditations then you will know how beautiful St. Mary’s Chapel is to sit and listen to live classical music. I have scheduled the events to coincide with the High Legh Sunday Teas which will provide the opportunity to have lunch at the Village Hall and then venture up to the chapel for an afternoon recital, or if you prefer, listen to the recital and then have afternoon tea at the Village Hall. It should make a lovely summer afternoon. You might like to invite your friends to:

Sunday 24th April........... Flute Alone Classical Flute Solos from Baroque to Modern.
Sunday 22nd May ............ Flute and Friends A programme of flute and piano music from the Baroque era onwards.
Sunday 19th June ............ Flute and Friends Flute and cello favourites across the ages
Sunday 17th July ............. Flute and Friends Flute and strings recital celebrating the baroque era.

Sunday 11th September - Flute and Friends.

Tickets are available from 01925 752795 & on the door. Cost £7.50 each (children £3) although if you would like to attend all the recitals, there will be a special offer of 5 concerts for the price of 4.

Looking forward to seeing you there,
Nicola Gerrard
Do you need a Helping Hand?

If you are looking for an alternative to residential care or just extra support for you or a loved one – then we’re here to help.

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To find out how we can help you, call: 0808 180 1016 or visit: www.helpinghands.co.uk
High Legh Womens Institute

Newly elected president, Jean Evans welcomed members to the 1st meeting of the New Year when the January talk was on Photographic Gardens in North West England. Fiona Lea illustrated her talk with excellent photographs of gardens in the region. During the evening she shared some useful photographic tips. Many of her photos have been used in calendars and in magazines worldwide. We were shown impressive Cheshire gardens to visit. Some can be found in the ‘Yellow Garden Book’; gardens that open for charity under the National Gardens scheme.

An Interlude with Joyce Grenfell - The speaker for the February evening was Jean Finney. She gave an entertaining talk on Joyce Grenfell. The presentation included songs and monologues from the past. “Stately as a Galleon” was one of the songs most of us remembered. Jean sang along to a most unusual instrument called a Qchord. It has a built in melody keyboard and it was something none of us had seen before.

The Rows of Chester - Tom Jones was the speaker but not the singing version as he hastily explained. Tom is a tour guide and has an extensive knowledge of Chester. Over the centuries, retail has been the driving force for Chester’s prosperity but the building of the Rows has always been the subject of speculation. The Rows are unique to Chester and although the 1st records appear in 1293 most of the current buildings are Victorian or Edwardian in design. During the siege of Chester in the Civil War, Sir Richard Grosvenor, a Royalist Commander garrisoned at Chester, moved his family there from his Eaton estate. Permission to enclose the Rows was granted to enable him to enlarge his house. This set a precedent which led to the loss of nearly all the Rows in Lower Bridge Street. Tom’s presentation included photographs of the magnificent vaulted ceilings dating back to the 13th century; they can still be seen today in cafes and shops.

Theatre Visits and Outings

The January visit to see “The Girls” at the Lowry was a great success. Written by Gary Barlow and Tim Firth, it is the musical version of the “Calendar Girls”. This production was so popular that the coach from High Legh had to leave earlier than planned to avoid being delayed by all the other coaches heading for the Lowry that evening. In February members headed for London. This was an enjoyable visit with a stay in a 4 star hotel near Tower Bridge. A visit to the Foundling Museum was included and there was time to take in the show Beautiful, the Carole King musical, at the Aldwych Theatre. The London visit was a great success and members showed their appreciation by giving a basket of spring flowers to the organiser, Marilyn Ridler. In March there was an outing to see an unusual version of ”Brief Encounter” at the Garrick Theatre.
Future Outings
In April, there will be a visit to Smithills Hall near Bolton with the promise of a fish and chip lunch. The day’s outing will include a visit to the Theatre Organ Heritage Centre in Eccles where a Wurlitzer will be a feature. There are plans for a trip to the Salisbury area in September. A visit to Stonehenge will be included, also a full day visit to the seaside town of Poole and other interesting venues.

Group Meeting
Local WIs form ‘the Group’. High Legh will host the Spring Group meeting in April. The speaker for the evening is Martin Bell OBE, former war reporter and independent politician. He was known as the man in the White Suit and was, of course, MP for Tatton (1997-2001).

Other Activities
In March, the walking group walked around Dunham and along the canal, ending with lunch at The Swan with two Nicks. The next walk will be around the Marbury area, starting at the Anderton boat lift and ending with lunch at the Stanley Arms. The craft group are still crafting and book club members still reading. The darts team took a short winter’s break but are now throwing darts again. (You have been warned). Some members took part in the WI County quiz at Little Bollington.

Support for the Village and Beyond
Last year, as part of the WI Centenary, women’s institutes nationwide were choosing 100 good deeds to benefit their communities. As previously reported, High Legh WI chose to donate 100 Christmas gifts to children and other patients at Warrington General Hospital. Due to the generosity of the members the number of gifts far exceeded 100 so it was decided to include the nurses who would be on duty over the Christmas period. Patients and staff were delighted with their gifts and patients on the “Forget-me-not” dementia ward were especially pleased.

High Legh WI will also make a donation to High Legh Primary School as part of the Centenary good deeds. The Head Teacher and the pupils will decide what to buy with the gift.

Monthly Meetings
The following speakers have been arranged :-
April 12..............Styles of Violin ...................... Julian Gregory
June 14...............Fun with Clay ......................... Annette Christophers
July 12............... Wordy birdies Live!............... A two woman poetry show
This year’s Resolution Evening will be held on May 10th.

The meetings are held on the 2nd Tuesday of the month in High Legh Village Hall at 7.30 pm. Visitors and newcomers are always welcome.

Val Challis Tel: 75 4271
High Legh Community Transport Development Plan

As many of you are aware HLCT has been successful in our bid to the Department of Transport for a replacement vehicle provided from The Community Transport Minibus Fund. This Fund is open to community transport operators who provide a service to their local community which may not be otherwise run by a commercial bus operator. In setting up the fund the Government recognised that passenger transport is fundamental to the sustainability and independence of communities, particularly in isolated areas because it provides people with access to public services, employment, education and training.

The application process asked what impact the vehicle would have, and how it would achieve the objectives which the fund aims to meet. As well as the established ‘school runs’ and support to various groups and organisations, HLCT set itself an objective to try and cover the void left by commercial operators withdrawing some of their services. Our intention is to set up a ‘Dial a Ride Service’ which would operate on a door to door basis. This service would run initially on one day a week and subject to demand could be extended to additional days and include an evening service.

It would greatly assist our planning process if members of the community could advise the best day/time/destination for us to trial this service. To avoid conflict with the present school runs it would be preferable to operate between the hours of 08.30 and 14.30. We have requested a replacement vehicle which is low to the ground and is friendly to passengers with restricted mobility. The vehicle will also be equipped to carry at least one wheel chair passenger.

Any views, comments or advice on how we can improve the service we deliver would be greatly appreciated. [HLCT provides transport on a ‘not for profit’ basis for the High Legh Community]

Jeff Evans MBE
Mob: 07876161893
Tel: 01925755394
jeromeevans@sky.com
February 10  Interlude with Joyce Grenfell
Jean Finney
Support for the Village and beyond
The meetings are held on the 2nd Tuesday of the month in High Legh Village Hall at 7.30 pm. Visitors and newcomers are always welcome.

Making decorations for one of the trees. Also in December, members provided some members helped at the wonderful Christmas tree festival held at St. John’s an attractive feature for Sunday Tea visitors and others to enjoy. In December, in 2015 four members created a corner garden outside the Village Hall. It provides a great evening enjoyed by all.

Planned outings for 2016

January 2016
- Meet at High Legh Village Hall, Upper Room 7.45 - 8.45 am
  • Duck Eggs, pickled eggs
  • Organic Free Range Eggs
  • Rich Brown Welsummer, Speckledy and White Leghorn Eggs
  • Farm Shop
  • Farm Bakery - breads, cakes, sponges, fruit pies, beef pies,
  • Farmhouse Cheshire Cheese, Butter, Milk, Lemon cheese, Farmhouse Icecream

Home grown potatoes, fresh fruit and vegetables, preserves and Abbey Leys honey
Opening Times: 9.00am-5.00pm Mon - Sat, Sun 10.00am-4.00pm
Abbey Leys Farmer’s Market
First Sunday of each month 10am to 2pm
Tim and Janet Harrison – 753465 Peacock Lane, High Legh

DO YOU HAVE A PRAYER NEED?

IF SO, HELP IS AT HAND

- Come and join us for a light breakfast and an opportunity to pray or be prayed for
- If you cannot come, post your request in an envelope into the Village Hall marked ‘Prayer Request’
- Or send a confidential email to ‘highleighprayer@live.co.uk’

EVERYONE WELCOME - Just Turn Up
For more information contact -
Trish (01925-754787) or Nicola (01925-752795)
Starting on a very personal note, scores of members of the Club have been congratulating our President, Jack Stant and his charming wife Maureen on their Diamond wedding anniversary. One special congratulatory note received, albeit not from a member of the club (yet!!) was a telegram from Her Majesty the Queen, with the ominous note on the envelope advising that “if this is not delivered before 9.30am then enquiries will be instituted by the Palace”!!

Since the last newsletter indoor bowling has been continuing apace, short mat and long mat, at High Legh and several other venues, though by the time this reaches you we should once again have opened up for the outdoor summer season, with the green having been subjected to its usual spring maintenance programme and working parties having laboured to tidy the surrounds.

Thanks in large part to a grant from the High Legh Community Association Sports, Education and Recreation Fund we have been able to paint the interior of the clubhouse and to lay carpeting, and for this most generous gesture we are truly grateful. The old carpet tiles were creating a health and safety issue.

In the Winter newsletter we said that 2016 was going to be a year of change and challenge with several changes being required on the Management Committee. As forecast, David Maynard has stood down from being Club Chairman, though we have been able to persuade him to take on the role of Secretary, just for one year, to tide us over an otherwise very difficult situation. The new Chairman (this being the title she wants used) is Jean Mason and we look forward to her direction and guidance. Additionally we have two new committee members. Ruth Barlow is a relatively new member of the club and will no doubt bring a raft of fresh ideas with her. Norman Harrison knows the club well and plays on several teams as well as social bowling. Our Knutsford B team plays annually for the Stewart Jackson trophy, won last year by Norman.

Change is occurring not only on the Management Committee but in the ranks of our Trustees who have been joined by Stewart Jackson of Primrose Nurseries. He has been a member of the club for 25 years. His late father was Vice Chairman.

March produced a wonderful “Beetledrive” evening hosted and masterminded by Myra Cadman, Irene Holcroft and Hilda Pimlott. Dirk Broad acted as “Beetlemeister” and with the aid of a splendid buffet, a good time was had by all. The first of our Sunday
Teas is on June 5th so please put the date in your diaries now. Every form of support is welcome (please contact Jean Mason for details), especially as the revenue from these teas plays such an important part in our income stream and keeps down the cost of individual subscriptions.

The Coaching Day, by members of Cheshire County Bowling Association, is now booked for 7th May. Experience has shown that advances are made by all levels of players so do sign up for that event. We shall also be repeating the Away Day at Christleton. Last year was a great success. The date for this year’s fun is September 22nd. Again please put this in your diary now.

The above two events form just a small part of the rich tapestry of our calendar of matches, social bowling and social events. They all appear on the Clubcard which should be in your possession by now. If not please contact David Maynard on 754724 or davidjmaynard@gmail.com.

We are a happy, successful and inclusive part of the High Legh community, always on the lookout for new members. In this connection we have arranged for a leaflet to be included with this newsletter. Do please read it!

High Legh’s Champion Sailor in Team GB for Rio

With just over 6 months to go until the games get under way London 2012 bronze Medalist Alexandra Rickham and Niki Birrell have been selected to contest for medals in the Skud 18 class. Niki Birrell (once a student at High Legh Primary School) and Alex are already five times World Champions and are the current Paralympic bronze medalists.

Niki said after being selected “I am so proud to be selected to Paralympic GB alongside Alex. We have not rested on our laurels after London and we have been working really hard to ensure our place in the Skud was beyond doubt. I am ready to face the competition in Rio and cannot wait to start racing.”

Lydia swims to success at Cheshire County Championships

Ten year old swimmer Lydia Keeley from High Legh has become Cheshire County Champion following three weekends of competition held at Macclesfield Leisure Centre. Lydia, a swimmer for Warrington Warriors Swimming Club, won 6 individual golds, 4 silvers and 1 bronze medal to become the overall category winner for u11 year old girls, achieving personal best times in all her events. Her times rank her amongst the top 10 fastest swimmers in the country for her age for seven events. Lydia said “Winning Cheshire’s is my biggest achievement so far. I am particularly happy about my 200m backstroke and 200m individual medley times.” In addition to her individual success, she also helped her team mates to win gold in the freestyle and medley relays.
High Legh Tennis Club

High Legh Tennis Club has appointed Matt Bannon as chairman. “I wanted the opportunity to introduce myself as the new Chairman of our wonderful local tennis club. I am honoured to take up the position. I would like to this opportunity to thank Sharon Senn, our Previous Chair, who did a wonderful job in running and developing the club. She deserves a great deal of praise for those efforts.

I played tennis at Lymm as a junior, before moving to Stockton Heath where I helped as a coaching assistant and served as a junior committee member. I represented Bridgewater High School at the National Schools Tennis Finals and also represented my university in Nottingham. I moved to HLTC in my mid 20’s, and was involved in the club redevelopment, planning, and grant applications. In my late 20’s my work life took over and I dropped out of tennis altogether. I returned last year after a seven year gap and remembered quickly what I had been missing, my love for tennis was rekindled.

I believe I can bring a combination of my positivity in life, with my business knowledge, and my love of tennis, to the role of Chairman at High Legh, and I will work hard on your behalf to ensure the best for our picturesque local club.”

We will be pushing hard to continue to develop and grow the club in partnership with our fantastic coach, Hanna Wilson. We have 3 quality hard courts, all with floodlights. We have recently forged close links with both High Legh Park Golf Club and Cottons Health Spa to add tennis to their members.

**Our key development areas are:**
- To lower overall membership charge rates to attract new members and include the parents of the junior players.
- Appoint a junior committee representative.
- Ensure the courts are used by the local community and other local clubs and organisations as often as possible.

Our new season is ready to begin, so come and get involved.

**Matt Bannon**

Hanna Wilson, Head Coach on 07813189596, hanna _wilson@sky.com or check out our website www.highleghtennisclub.co.uk
Another successful HIGH LEGH 10k!

OVER 500 runners took part in the ever popular High Legh Robert Moffat Memorial 10k which took place on 28 February 2016. The race organised jointly by the High Legh Community Association and Lymm Runners, was won by Mark Offord from Sale and Helen Murray from Knutsford. Mark and Helen were presented with the High Legh Robert Moffat Memorial 10k Trophy by Dave Clamp the World Deca Ultra Triathlon Champion. Congratulations to Matt Ashford and Lynn Moseley for being, once again, the fastest High Legh man and woman.

The weather on race day was absolutely perfect and runners of all abilities were out in force, including lots of first timers, many of whom commented on how well organised the race was, the excellent local support and that their first High Legh 10k would not be their last! The race, starting at High Legh Primary School raised record amounts for the school’s PTA who were on hand selling irresistible treats for runners and spectators alike. Nick Gerrard, Race Committee Chair said: “I would like to thank the fantastic Marshals, the School and the PTA and all those who supported the race to make it such a popular part of High Legh life. Thanks also to our generous sponsors including Decathlon, The Mere Golf Resort and Spa, Costcutter, The Bears Paw Country Inn & Restaurant, Roberts Bakery, High Legh Park Golf Club, High Legh Garden Centre, Road Maintenance Services Ltd, Abbey Leys Farm Shop, M&S Simply Food at Lymm Services, Soreen, Leon Supplies and Samantha Foxall Sports Massage and Therapy”.

The race will be back again in 2017 on Sunday March 5th. For more information and photographs from race day please visit: www.highlegh10k.org.uk.
**Tai Chi at High Legh Village Hall**

For gentle exercise - to wake up the whole body from your head to your toes. Everybody can take part, men and women. You don’t need to be fit, indeed it can be particularly beneficial for people recovering from an illness or operation or those who simply want to move more easily. There are even exercises you can do sitting in a chair. No need for any special clothing – just wear something fairly loose.

You just pay for the classes you attend – at £5 per hour. Your first “taster” class is free of charge. Come to High Legh Village Hall on Thursday afternoon 3.45 to 4.45. Dr Xianglin will help you enjoy the health giving pleasures of Tai Chi.

**Dance Movement Classes for over 50s**

Keeping active and in shape to music makes it a lot more fun than just exercising alone. Staying active has enormous health benefits, keeping bones, muscles and circulation running at their best. Our weekly Dance Movement classes are a great way of keeping active and healthy. The groups make exercising fun and will keep you fit and active for longer. It’s mainly ladies but we do have one man. Join us at High Legh Village Hall on Fridays 9.30 – 10.30. £4 per session (organised by Age UK). Ring Berni for more details 07758733312 or just come along.

**Line Dance at the Village Hall**

On Tuesday mornings Maureen can set you dancing. Beginners and intermediates welcome. For more details ring Maureen on 01925 759630

**Yin & Yang Yoga classes at the Village Hall**

Classes take place on Thursday evenings from 7.15pm – 8.30pm. Suitable for all levels, the classes will be a mix of Hatha Flow and Yin Yoga, with relaxation.

**Yin Yoga & Yoga Nidra Class – Friday May 13th**

7pm – 8.45pm, High Legh Village Hall

Get your weekend off to a chilled out start with an evening of Yin Yoga and Yoga Nidra (relaxation). We’ll move through a sequence of Yin postures – seated/prone poses that are held for longer (generally three minutes plus), to give the body and mind a chance to enjoy stillness and ‘just be’ at the end of the working week. There will then be an extended Yoga Nidra, a chance to completely relax body and mind. Places must be pre-booked and are limited to 15 people.

The cost is £10 with all proceeds donated to the War Child charity. To book contact: lymmyoga@hotmail.com. Also on Facebook & Twitter.
Yin & Yang Yoga classes at the Village Hall

Classes take place on Thursday evenings from 7.15pm – 8.30pm. Suitable for all levels, the classes will be a mix of Hatha Flow and Yin Yoga, with relaxation.

Local Services

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Spring has arrived and it is time to get your garden into shape. Whether you need the drive power hosing, a quick hedge trim, regular lawn maintenance or a one off full garden clear up :-

Call Colin on 07470 427884 for all your garden maintenance needs.
NEW KIDS PITCH AND PUTT COURSE COMING THIS SUMMER
This summer we will be opening our brand new 6 hole pitch and putt course aiming to get children and families into the sport. The course will feature a variety of par 3’s, 4’s and 5’s ranging from 20 yards to over 70 yards and includes ponds and trees shaping the holes creating a miniaturised representation of an actual course.

THE AMERICAN GOLF NATIONAL ACADEMY IS NOW OPEN
At the American Golf Academy our state of the art driving range is perfect for any level of golfer looking to improve their game. Our large hitting field means you do not have to be afraid of slicing or hooking the ball and our wide bays will make you feel comfortable and confident on the tee. The range also includes 2 Alignment matts and 6 MAGSTRIKE matts which allows the club to play through the surface giving a true representation of hitting off grass. The driving range is also floodlit allowing for all year practice. All of this comes at a great price with our pre-paid cards equating to £2 per 50 balls, making us one of the cheapest in Cheshire.
High Legh
Community Transport

Take the worry out of your transport arrangements for your special occasion

Transport to and from children’s party venues
Shuttle service to and from events held at High Legh Village Hall
Service available to support local events
Shuttle service for you family and guests at weddings, parties etc
Transport to airport and UK holiday destinations
Educational Activities
“Door-to-Dine” Service

School Service to and from Lymm High School
Collection from The Belfry, Rensherds Place and Park

Tel: 01925 755394 - Mob: 07876 161893
E-Mail: jeromeevans@sky.com